



# FOREST GATE, E7

A Respite Retreat for Young Adults with Disabilities,  
Offering Families a Well-Deserved Break




# WELCOME

Welcome to our Forest Gate property, a sanctuary exclusively designed for young adults with learning disabilities including those with complex health conditions and or challenging behaviour. Nestled amidst serene surroundings, our haven offers respite and support to families in need. In a world where caregivers tirelessly dedicate themselves to meeting the unique needs of their loved ones.

At our Forest Gate home, we understand the challenges faced by caregivers and the importance of self-care in their journey. Our mission is to create a nurturing environment where individuals with disabilities can thrive, while their families find solace and support. With compassionate staff and tailored amenities, we strive to uplift spirits, strengthen familial bonds, and empower each individual to embrace their journey with renewed resilience. Whether it's a weekend getaway or an mid-week visit stay, our property offers a warm and welcoming atmosphere where every guest feels valued and cherished. Join us at our Forest Gate home and experience the comfort, care, and community that defines our sanctuary for adults with learning disabilities.

**OUR RETREAT PROVIDES A TEMPORARY ESCAPE,  
ALLOWING FAMILIES TO RECHARGE AND REJUVENATE.**



Our specially designed house has 2 fully furnished bedrooms, and a spacious living area set up for all. With thoughtful consideration for accessibility and inclusivity, our house fosters an environment where everyone can feel welcome and supported, promoting independence and enhancing quality of life for all residents.



**ROOM FOR RESIDENTS  
WITH COMPLEX NEEDS**

# KITCHEN

Equipped with ample room for cooking classes and dining experiences. With plenty of counter space, modern appliances, and a welcoming atmosphere, our kitchen is the perfect setting to hone your culinary skills, share delicious meals, and create unforgettable memories with friends.





The bathroom is equipped with a hoist and designed as a wet room, providing comfort and safety for those with mobility challenges. A dedicated seat offers additional support and convenience, catering to individual needs with dignity and respect.



The property has a sensory room, a versatile space designed for entertainment and relaxation. Enjoy movie nights on the drop-down screen, creating a cinematic experience like no other.



Unleash your inner rockstar during karaoke nights at our makeshift bar, where laughter and music fill the air.



Our home boasts a vibrant game room, complete with exciting amenities such as table tennis and more. Whether guests seek friendly competition or simply wish to unwind, our game room offers the perfect setting for leisure and enjoyment.

GATE,  
FORRES.

Step into our expansive garden oasis, where tranquility meets adventure. With ample space to roam, relax, and play, our large garden invites you to embrace the great outdoors. Whether you're soaking up the sun, enjoying a picnic, having gardening sessions or letting your imagination run wild, our garden is your haven for endless moments of joy and connection.



At our home, guests have exclusive access to a diverse range of events and activities, both within our premises and at Brighter Futures and Camouflage Cafe. Our comprehensive four-week timetable of events is carefully curated to offer a variety of indoor and outdoor experiences. From interactive cooking classes to exhilarating bowling outings, relaxing cinema nights, and spirited karaoke sessions, there's something for everyone to enjoy.

# CONTACT US

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